



TICKETS & TRAVEL

JULY DAY TOURS

Saturday, July 5

Amalfi and Positano by boat

Depart Support Site 6:30 a.m., depart Capodichino 7 a.m. \$69 Adult, \$45 Child 2-11 €35 boat fee

Sunday, July 6

Wine Tasting in Pompei*

Depart Support Site 10 a.m., depart Capodichino 10:30 a.m. \$108 Adult, \$89 Child 3-15 • includes lunch

Thursday, July 10

Naples Underground PM

Depart Support Site 3 p.m., depart Capodichino 3:30 p.m. \$57 Adult, \$45 Child 2-11 €12 entry fee

Friday, July 11

Amalfi Coast by bus

Depart Support Site 8 a.m., depart Capodichino 8:30 a.m. \$137 Adult, \$95 Child 2-11 • includes lunch

Saturday, July 12

Horseback riding on Mt. Vesuvius

Depart Support Site 7:30 a.m., depart Capodichino 8 a.m. \$69 Adult and Child 6-11 (no children 5 or younger) €65 horse fee

Sunday, July 13

Water Park Valle dell'Orso

Depart Support Site 7:45 a.m., depart Capodichino 8:15 a.m. \$35 transportation only €24 entry fee

Friday, July 18

Sorrento and pizza lesson in Vico Equense

Depart Support Site 9 a.m., depart Capodichino 9:30 a.m. \$115 Adult, \$89 Child 2-11 • includes pizza lunch



Saturday, July 19

Capri and Anacapri

Depart Support Site 6:30 a.m., depart Capodichino 7 a.m. \$199 Adult, \$145 Child 2-9 • includes lunch

Friday, May 23

Wine Tasting in Irpinia*

Depart Capodichino 9 a.m., depart Support Site 9:30 a.m. \$108 Adult, \$89 Child 3-15 • includes lunch

Friday, July 25

Amalfi Coast by bus

Depart Support Site 8 a.m., depart Capodichino 8:30 a.m. \$137 Adult, \$95 Child 2-11 • includes lunch

Saturday, July 26

Rafting in Salerno

Depart Support Site 7:30 a.m., depart Capodichino 8:30 a.m. \$55 Adult and Child 6-11 (no children 5 or younger) €40 raft fee

Sunday, July 27

Amalfi and Positano by boat

Depart Support Site 6:30 a.m., depart Capodichino 7 a.m. \$69 Adult, \$49 Child 2-11 €35 boat fee

Professional tour guide leads group.

*Must be at least 18 years old to purchase or consume alcohol. Please drink responsibly.

All tours are subject to cancellation if minimum reservations are not

- If your tour is canceled, all paid customers will receive an email notification
- Prices are in U.S. dollars, unless otherwise stated.
- Entry fees are not always included, please bring euro cash to pay for your ticket.
- Tips and gratuities are optional and not included in the pric
- Entry fees may change without notice.



To reserve a tour or for more information:

- Go to myffr.navyaims.com
- Visit Capodichino or Support Site Tickets & Travel office
- Call 081-811-7907 / DSN 629-7907 or 081-568-4330 / DSN 626-4330



FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated

\triangle AREA ORIENTATION

Area Orientation (mandatory for newcomers) July 9 and 10, July 23 and 24 Wednesday, 7:45 a.m.-2 p.m. Thursday, 7:45 a.m.-3 p.m. Reel Times 2 Cinema, Support Site

JULY

Cultural Assimilation trips to downtown Naples Friday, July 11 and 25 7:45 a.m.-2:30 p.m. Monday, July 28 7:45 a.m.-2:30 p.m. (all ages)

TRANSITION ASSISTANCE **PROGRAM (TAP)**

Pre-Separation Workshop Monday-Wednesday, July 7-9 8 a.m.-4 p.m.

Department of Labor Employment Workshop Thursday and Friday, July 10 and 11 and July 24 and 25 8 a.m.-4 p.m.

Managing Your (MY) Education (Education Track) Monday and Tuesday, July 14 and 15 8 a.m.-4 p.m.

Pre-Retirement Workshop Monday-Wednesday, July 21-23 8 a.m.-4 p.m.

Capstone Event Wednesday, July 30 1-4 p.m.

SEXUAL ASSAULT PREVENTION AND RESPONSE

CMT Train the Trainer Wednesday, July 23 10 a.m.-Noon FFR Conference Room, Capodichino

Victim Advocate Refresher (CEU) Wednesday, July 30 1-3 p.m.

*Virtual class



To register for a class: • Call 081-811-6372 | DSN 629-6372

- Email NSANaplesFFSC@us.navy.mil and include the class title, your name,

INTERCULTURAL RELATIONS

Easy Italian (Beginners) Tuesday, July 1, 8 and 15 10:30 a.m.-12:30 p.m.

Intermediate Italian Thursday, July 3 11 a.m.-12:30 p.m.

Italian at Lunchtime (Basic Italian for beginners) Monday, July 14 and 21 11 a.m.-12:30 p.m. Capodichino

Intermediate Italian at Lunchtime Tuesday, July 29 11 a.m.-12:30 p.m. Capodichino

Intercultural Relations trip: Shoe Shopping and **Country Lunch** Wednesday, July 16 9:30 a.m.-2:30 p.m.

FAMILY READINESS

Ombudsman Assembly Meeting Tuesday, July 15 5:30-6:30 p.m. Reel Times 2 Cinema, Support Site



VIRTUAL WORK AND FAMILY LIFE PROGRAMS

The following programs are currently being offered virtually. Visit mynavyfamily.com to create an account and access virtual classes and online resources.

P **LIFE SKILLS**



Scan the QR code below to book a 1:1 consultation with a team member.





Thursday, July 17 9 a.m.-Noon Reel Times 2 Cinema, Support Site

MEMBER PROGRAM (EFMP) Command Point of Contact Training* Thursday, July 10 11 a.m.-Noon

Sexceptional family

Leadership Brief* Thursday, July 17 3-4 p.m.

Healthy Caregiving* Tuesday, July 22 11 a.m.-Noon

Sponsorship Training

Youth Sports 2025 Summer Clinics Ages 5-15 • \$20 per clinic





	Date	Age	Time		
	June 23-26	9-11 years old	5 p.m.		
글러	Register by June 19	12-15 years old	6 p.m.		
ž	Youth Center Gym, Suppo	nt Site			
-	Date	Age	Time		
		5-8 years old	10 a.m.		
LING	June 16-19 Register by June 12	9-11 years old	11 a.m.		
ğ		12-15 years old	12 p.m.		
	Youth Center Gym, Support Site				
	Date	Age	Time		
		5-6 years old	10 a.m.		
INICER INICER	June 23-26 Register by June 19	7-8 years old	11 a.m.		
N N	, logoor systems to	9-10 years old	12 p.m.		

🗐 inatagram.com.haanapleam.wr



11-12 years old

🚮 facebook.com/mw

10 a.m.



BASKETBAI

CLINIC

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July 14-17

Find out how to register here. For more information, or to volunteer as a coach, email NaplesYSF@us.navy.mil.



Connect with MWR 24/7 at navymwiniaplea.com

Events are held in the Fleet Recreation Center unless specified.

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July is Picnic Month

Enjoy summer picnics at Olde Mill Inn Park! Reserve a picnic pavilion by calling MWR Customer Service Desk.



Summer Reading Program Now-Aug. 16

Join us again this year on a fantastic reading adventure: Level Up at Your Library! Pick up your free starter kit at the MWR Customer Service desk. Register for the

today at https://nsanaples.beanstack.org/reader365. The more you read the more prizes you can earn. The program is in conjunction with the NSA Naples Library.

Cool Down Movies and Popcorn

Wednesday, July 2, 9, 16 and 30 Noon

Cool down with an afternoon movie on a large screen in an air-conditioned facility. Choose movies from the new releases in the Navy DVD Library.



Celebrate America's Birthday

Thursday, July 3 11 a.m.-4 p.m. • Olde Mill Inn Park Wear your red, white and blue to celebrate. Enjoy games, crafts, music and birthday cake. Event is open to adults and children.

Jumbo Pick-Up Sticks

Friday, July 11 Demonstrate your coordination and have some laughs.

Parent and Child Summer Fun

Tuesday, July 15

10 a.m.-Noon • Olde Mill Inn Park

Families are invited to join in the outdoor activities at the main pavilion followed by a waterslide. Children must be accompanied by a parent/legal guardian.



Ice Cream Social

Friday, July 18 Begins at 11 a.m. Treat yourself to an ice cream sundae. While supplies last.

Challenge Games



Tuesday, July 22 Challenge your friends or MWR staff to a Play Station game.

Shopping and McDonald's

Thursday, July 24

MWR takes you on a shopping spree at a local shopping center, then stop at McDonald's for dinner. \$3 transportation fee. Minimum four, maximum seven people.

Grill Your Own Meat

Friday, July 25

Fleet Recreation Center Patio MWR provides the grill for you to cook your own meat. Bring a friend to play pool, corn hole or just enjoy the panoramic view.

Chill Out

Wednesday, July 30

Escape the heat in the air-conditioned Fleet Recreation Center to chat or play video games with friends or the MWR staff. For adults only.



Visit or call the MWR Customer Service Desk to learn all about leisure opportunities available in Gaeta including sightseeing tours, boat excursions, special reduced fees for a local spa and group exercise classes held off base!



MWR Customer Service staff members are available during regular operating hours in the Fleet Recreation Center by calling 081-568-8357 / DSN 626-8357 or email NaplesMWR_Gaeta@us.navy.mil. Connect with MWR 24/7 at www.navymwrnaples.com **[]** www.facebook.com/mwrgaeta



Beat the heat with an afternoon movie on Wednesdays, Thursdays and Fridays this summer!

MOVIES

KIDS SUMMER

SCHEDULE

		51 - 494
	lune 11	Sing (G)
	June 12	Zootopia (PG)
1000	June 13	Soul (PG) Wall-E (G)
	June 18	Wall-E (G)
	June 19	Sun's up (PU)
	June 20	Turning Red (PG)
	June 25	Super Mario Brothers (PG)
	June 26	Encanto (PG)
	June 27	Sonic the Hedgehog (PG)
	July 2	Despicable Me 4 (PG)
	July 3	Dogman (PG)
	July 9	Paw Patrol (G)
	July 10	The Princess and the Frog (G)
	July 11	Kung Fu Panda 4 (PG)
	July 16	The Lion King (1994) (G)
	July 17	Wish (PG)
ľ	July 18	Harold and the Purple Crayon (PG
	July 23	Aladdin (1994) (G)
	July 24	Luca (PG)
	July 25	Piece by Piece (PG)
	July 30	
	July 31	Coco (PG)
	Aug. 1	E.T. The Extra-Terrestrial (PG)
	Aug. 6	
	Aug. 7	Moana 2 (PG)
	Aug. 8	Penguins of Madagascar (PG)

2 p.m. It's already hot, so we're giving you **a cool place** to hang out in the afternoon **for free!**

Reel Times 2 Cinema

Seating is on a first-come, first-served basis.

Concession stand will be open

(no outside food or beverages allowed.)

For more information, call 081-811-4070 • DSN 629-4070.



at the Support Site Pool Ages 4-15 years

\$60

Includes eight 30-minute sessions

Session 1: June 10-20 Register Monday, May 26-Saturday, June 7

Session 2: June 24-July 4 Register Monday, June 9-Saturday, June 21

Session 3: July 8-18 Register Monday, June 23-Saturday, July 5

Session 4: July 22-Aug. 1 Register Monday, July 7-Saturday, July 19

Session 5: Aug. 5-15 Register Monday, July 21-Saturday, Aug. 2

Lesson times 8:10-8:40 a.m. 8:50-9:20 a.m. 9:30-10 a.m. 10:10-10:40 a.m. 10:50-11:20 a.m

> SCAN HERE TO REGISTER



For information on levels, email NaplesMWR_Aquatics@us.navy.mil



Ceramics Classes

Shape and mold your own creation from clay. Make a functional piece or a work of art.



After it is fired in a kiln, paint it to the add color and personality.



Purchase materials from the instructor for €25.



June Sessions

Wednesdays June 4, 11, 18 and 25 Youth, 2-3:30 p.m. Adult, 2-4 p.m.

Saturdays June 7, 14, 21 and 28

Youth, 10:30 a.m.-Noon Adult, 10:30 a.m.-12:30 p.m.

July Sessions

Saturdays July 5, 12, 19 and 26 Youth, 10:30 a.m.-Noon Adult, 10:30 a.m.-12:30 p.m.

Wednesdays July 9, 16, 23 and 30 Youth, 2-3:30 p.m. Adult, 2-4 p.m.

You'll learn about clay and glazing techniques while making a piece that reflects your personality and style!

Please bring an old towel and T-shirt.

Youth classes are for ages 10-17 years old. Youth must be accompanied by an adult/guardian who must remain for the duration of each class. Register and pay no later than three business days before the first class.



To register and pay, call 081-811-4947 | DSN 629-4947.





BASIC AND ADVANCED CLASSES



Learn to paint or hone your skills. Classes taught by Gigi, our experienced local artist and instructor. The four class series is tailored to your artistic level.

June

July

Session 1

Wednesdays June 4, 11, 18 and 25 Youth, 2-3:30 p.m. Adults, 2-4 p.m.

Session 1

Wednesdays July 9, 16, 23 and 30 Youth, 2-3:30 p.m. Adults, 2-4 p.m.

Session 2

Saturdays June 7, 14, 21 and 28 Youth, 10:30 a.m.-Noon Adults, 10:30 a.m.-12:30 p.m.

Session 2

Saturdays July 5, 12, 19 and 26 Youth, 10:30 a.m.-Noon Adults, 10:30 a.m.-12:30 p.m.

Outdoor Recreation, Bldg. 2076, Support Site

To register and pay, call 081-811-4947 / DSN 629-4947. Register and pay no later than three business days before the first class.

> You may purchase equipment and paint from the instructor for €25. Please bring your own towel and T-shirt

Youth classes are for ages 10-17 years old. Youth must be accompanied by adult/guardian who must remainfor the duration of the class.





June 3-Aug.16

Strategize, design, and learn during the 2025 reading challenges!

Open to all ages!

Join us again this year on a fantastic reading adventure: Level Up at Your Library!

Pick up your free starter kit at Capodichino or Support Site libraries and the Gaeta MWR Customer Service desk.

Prizes for everyone—the more you read the more prizes you can earn. Fun activities and events will happen throughout the summer (follow MWR Facebook page and FFR Website for details.)

Register for the program today at https://nsanaples.beanstack.org/reader365.





The BOOK FREE program is back this summer!



June 10-Aug. 15 Monday-Friday, 10 a.m.-4 p.m.

Kids registered with the program receive two free* games of bowling each weekday at Strikers Bowling Center. Registered kids will receive bowling certificates electronically each week.



Register your child(ren) at **kidsbowlfree.com**.

Scan for website:



For children 17 years and younger. For more information, call 081-811-6988 | DSN 629-6988.





*\$3 shoe rental per person. Based on lane availability.

Reservations June 14-Aug.15

Support Site seasonal pool is available for private parties on Saturday and Sunday, 6-8 p.m.

Registration 1-2-3



Step 1: Complete pool party request (scan QR code) and email completed form to NaplesMWR_Aquatics@us.navy.mil.

Step 2: Aquatics staff will reply with reservation confirmation or let you know if the pool is not available for your date.

Step. 3: Once reservation is confirmed, you must come to the Support Site Fitness Forum to pay with credit card and sign the contract.

> For more information call 081-811-6513 / DSN 629-6513.

Wear your red, white and blue!

Celebrat

AMERICA'S

BIRTHDAY!

Thursday, July 3 11 a.m.-4 p.m. Olde Mill Inn Park





Games, sports, crafts, water activities, music and birthday cake!

Fun for kids and adults!



For more information, please call 081-568-8357 / DSN 626-8357.

FESTA AMERICANA

Friday, July 4 • 4 p.m.-Midnight • Carney Park



LIVE MUSIC

Essential (Bruce Springsteen tribute band)Bad Name (Bon Jovi tribute band)The Frogs Country/Rock Band

FOOD AND BEVERAGES * FIREWORKS * YOUTH ZONE * AMUSEMENT RIDES

Scan here for base access policy, guest wristband details and transportation information.







No pets allowed. For more information, email NaplesMWR_SpecialEvents@us.navy.mil or call 081-811-4459.



Celebrate America's Birthday with a morning run on Support Site.

Friday, July 4 8 a.m. Run begins at Fitness Forum

The run is free, but registration is required. To register, please scan the QR code or register at the Support Site Fitness Forum front desk.

Strollers and pets are pemitted. 🗸

Wear your favorite patriotic gear!

For more information call 081-811-6721 | DSN 629-6721.





The time is simply long ago and the place is magical, mythical Sherwood Forest. Our hero, Robin Hood, and his merry band of colorful characters seek the help of the foresters, manage to waylay the aristocrats and set out to rescue Maid Marion and Marion's maid. Prince John tries to stay calme as his sheriff, guards and horsemen botch Robin's arrest thanks to the aromatic Skunks. Wacky humor and an original score add to this fresh new look at the legendary outlaw in a legendary time.

Open Auditions

Monday, July 7, 10 a.m. to Noon, Youth Programs Gym

Rehearsals

Ages 6-18 Monday-Friday, July 7-11, times and locations vary

Performance

Friday, July 11, 5 p.m., Youth Programs Gym*

50-60 local students will be cast to appear in the show. (Limited number per age group.) Parent attendance is **required** for children not registered in Summer Camp.

Register at NSA Naples SAC.

*Tickets will be issued for attendance.

For more information, please call 081-811-4722 or email NaplesCYP1@us.navy.mil.



NAVY ENTERTAINMENT PRESENTS

Raelynn Live Concert

TUESDAY, JULY 8 7 p.m. ★ Central Park Support Site

Bring your own camping chairs or blanket.

Food and beverages available for purchase.

For more information, call 081-811-4459 | DSN 629-4459



Free concert for all ages!



USO COFFEE CONNECTIONS



±USO±

COFFEE WITH THE SKIPPER



Join us for a relaxed morning meet-up with Captain Randazzo. This isn't just about coffee it's your chance to connect directly with leadership, share your thoughts, and help shape a stronger, more united community.





USO GAMING



SUMMERTIME BINGO IN THE PARK



Join us for an evening of **Bingo** in the Park on July 19th from 1700-1830 at Support Site Central Park. Exciting games await with a treasure trove of prizes and giveaways up for grabs! This family-friendly event welcomes everyone to test their luck, enjoy the outdoors, and experience the thrill of shouting "**BINGO!**" as you compete for amazing rewards.

@USOGG

DISCORD.GG/THEUSO

TWITCH.TV/THEUSO



USO.org/GAMING

GLOBAL USO GAMING PARTNERS











Auto Skills Workshop

1. 11 8-15

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The How

Auto Skills Center, Support Site

Tuesday July 29 and Aug. 26 3:30-5 p.m.

2

Work on your vehicle in lift bays. Help ensure safe upcoming summer trips by preparing your vehicle today. Reservations are recommended.

- Oil changes
- Fluid checks
- Wiper replacement
- Battery charging
- Rotors turned
- Tire mounting and balancing

Auto Skills Center hours of operation Tuesday-Saturday, 10 a.m.-6 p.m. Sunday-Monday, Closed

For more information or to reserve a bay, call 081-811-4971 / DSN 629-4971. Connect with MWR 24/7 at navymwrnaples.com. www.facebook.com/mwrnaples is instagram.com/nsanaplesmwr



USO YOUTH PROGRAMS

USO FUN FRIDAYS!



Join us on Fridays from 10:00–11:30 AM for themed activities full of summer fun!

Whether we're soaking up the sun outside or beating the heat indoors, it's always a great time for kids to laugh, play, and make memories. Don't miss out on the fun every Friday is a new adventure!



USO.org/YouthPrograms

USO CANINE PROGRAM

PAWS IN THE PARK



Join us for Paws in the Park on **July 28th from 1700-1800** at the **dog park near the skate park** on Support Site!

Bring your four-legged friends for some tailwagging fun including treats, games, and socialization time for both pets and their humans.



USO.org/CANINE



SPONDOR ED BY





with Navy MWR Recreation through October 31

Win \$500 towards purchases on GOVX.com drawing monthly



Plus \$2,500 towards purchases on GOVX.com end-of-summer grand prize

PLEDGE TODAY

www.NavyMWR.org/PledgeToCamp



Think your teen* will want to:



Go on fun field trips?



Attend workshops including babysitting and

teen employment

Join clubs and events?

*Youth 12 years old and in seventh grade to high school seniors may attend the Teen Center and its events.

Sign them up

Complete an annual registration packet, so you can be ready when your teen is!

Steps:

- 1. Go to navymwrnaples.com/child-youth/teen-center
- 2. In the Downloads list, on the right, download "NSA Naples Teen Center Registration Packet."
- 3. Complete the form (print or type information).
- 4. Drop off the form at School Age Care on Support Site.

For questions or more information, email NaplesCYP1@us.navy.mil or call 081-811-4395/DSN 629-4395.



USO YOUTH PROGRAMS

TODDLER TIME



Toddler Time with USO & EDIS! Join us every Tuesday in from 10-11 AM at the Community Center for a fun-filled morning of storytime, play, and activities designed for little ones! No registration needed—just drop in and enjoy!



USO.org/YouthPrograms



USO NAPLES

USO TROOP TIME: GOOD FOOD, GREAT COMPANY!



Take a break and refuel at USO Troop Time every Tuesday and Thursday from 11:00-12:00 at the USO Capo Lounge.

Enjoy a meal, connect with local base organizations, learn about local resources and join in on minute to win it games to win great prizes!



USO.org/CENTERS

YOUR FFSC WEBINAR SCHEDULE

We have webinars scheduled to suit time zones around the world! Visit MyNavyFamily.com, select a topic, and view available sessions with times automatically converted to your local time.

DEPLOYMENT SUPPORT

Looking for deployment training? Click Deployment on the LMS for the following trainings.

- Deployment Sleep Strategies
- Equipping Your Kids During Deployment
- Ready, Set, Deploy: Pre-Deployment Planning
- Single Sailor Deployment
 Tools
- The Service Member's Guide to Family Care Plans



EMPLOYMENT Al Resume Building - A Paradigm Shift 7/2/25 9:00 AM FDT 6:00 AM PDT Al Job Search Optimization 2025 7/3/25 12:00 PM EDT 9:00 AM PDT The Road to Remote Job Success 7/9/25 1:00 PM EDT 10:00 AM PDT PAIN FREE - Resume Writing 7/9/25 1:00 PM FDT 10:00 AM PDT 7/11/25 USAJOBS 2025 9:00 AM EDT 6:00 AM PDT Mock Interview 7/15/25 1:00 PM EDT 10:00 AM PDT 7/15/25 9:30 AM EDT 6:30 AM PDT Innovative Interviewing Are you Prepared for the Next Job Fair? 7/17/25 11:00 AM PDT 2:00 PM EDT Navigating LinkedIn 7/28/25 4:00 PM EDT 1:00 PM PDT

Want more? Click on Employment for dates and times for:

- Becoming Federal Resume Savvy
- Job Search Hacks
- Mastering the Modern Resume
- Mastering Virtual Interviews
- Remote Ready: A Spouse's Roadmap to a Virtual Career!
- Understanding USAJobs

EXCEPTIONAL FAMILY MEMBER (EFMP)			
Demystifying the Acronyms and Supports for Students with Behavioral Needs	7/17/25	1:00 pm edt	10:00 am pdt
Navigating Employment: A Resource Guide for Exceptional Family Members	7/3/25	12:00 PM EDT	9:00 AM PDT
The Transition From High School to College for Students with Disabilities	7/16/25	1:00 PM EDT	10:00 am pdt

MENTAL WELL-BEING

Strength Through Struggle: A Case Study on Resilience and Recovery from Domestic Violence 7/16/25 11:00 AM EDT 8:00 AM PDT

PARENTING



	lealing Through Parenting	7/21/25	1:30 PM EDT	10:30 AM PDT	Join us for these webinars
	Parenting and Sexual Development SHAPE Module 1)	7/15/25 7/31/25	11:00 AM EDT 9:00 AM EDT	8:00 AM PDT 6:00 AM PDT	• Helping Kids Thrive Through Change
F	Raising Siblings	7/15/25	12:00 PM EDT	9:00 AM PDT	Nine Steps to Positive
V	Vhat About the Kids?	7/17/25	1:00 pm edt	10:00 am pdt	ParentingSpotting the Signs of Youth Suicide



Go to <u>MyNavyFamily.com</u> to log in or create a free account. Select the category on the

home page, then select your webinar.

Confirm the start time and click "Enroll Me."

The FFSC LMS also has comprehensive resources like New Spouse Orientation, the Navy Family eHandbook, and the Navy Spouse library.

PERSONAL GROWTH



Understanding Anger	7/8/25	10:00 AM EDT	7:00 AM PDT
College Bound - Survivor Secrets	7/9/25	6:00 PM EDT	3:00 PM PDT
New Spouse Orientation	7/15/25	12:00 PM EDT	9:00 AM PDT
Stress Management	7/15/25	11:00 AM EDT	8:00 AM PDT
-	7/22/25	10:00 AM EDT	7:00 AM PDT
Conflict Management	7/31/25	11:00 AM EDT	8:00 AM PDT

PERSONAL FINANCIAL MANAGEMENT

Christmas in July: Saving Money for the Holidays	7/11/25	10:00 AM EDT	7:00 AM PDT
Are You Home Buying Ready?	7/17/25	1:00 PM EDT	10:00 AM PDT
Money Munchkins: Raising Money-Savvy Kids	7/23/25	1:00 PM EDT	10:00 AM PDT
Home Selling	7/24/25	1:00 PM EDT	10:00 AM PDT
Couples Communication: Communicating About	7/24/25	2:00 PM EDT	11:00 AM PDT

Couples Communication: Communicating About 7/24/25 2:00 PM EDT Finance



Click Personal Financial Management for webinars on:

- Booties & Budgets: Welcoming Your First Child and Baby-Proofing Your Finances
- Command Your Credit
- Emergency Financial Preparedness
- Financial Readiness Before Deployment: Securing Your Future
- Making the Most of your Overseas Pay
- Making your Money work for you
- Military Retirement Planning
- PCS and your Pocketbook
- Planning your Financial Future
- Servicemembers Civil Relief Act Q&A
- Stretching Budgets and Maximizing Nutrition
- TSP Essentials for Navy Life: Grow Your Savings, Secure Your Future

RELOCATION

Click the Relocation category for Calming Cultural Shock, Planning the Perfect PCS, Stepping up Support: Sponsorship Training, and The PCS Process — all offered several times throughout June for your convenience!

EMERGENCY PREPAR	EDNESS		
Emergency Preparedness	7/10/25	3:00 PM EDT	12:00 pm pdt
RESILIENCE			
Mind Body Mental Fitness (MBMF)			

Module 2: Mindfulness and Meditation	7/1/25	1:00 pm edt	10:00 AM PDT
Module 3: Living Core Values	7/8/25	1:00 PM EDT	10:00 AM PDT
Module 4: Flexibility	7/15/25	1:00 PM EDT	10:00 AM PDT
Module 5: Problem Solving	7/22/25	1:00 PM EDT	10:00 AM PDT
Module 6: Connection	7/29/25	1:00 PM EDT	10:00 AM PDT
Stoicism Principles and Stress	7/18/25	9:00 AM EDT	6:00 AM PDT
Management			



Want to learn more about resilience? Join us for Bounce Back Better. See the LMS for times in your time zone.





Attention Active Duty:

Give It to Us Straight



Scan QR Code to take survey

We want to hear from YOU!

Share your thoughts in this short survey and help us make Navy MWR programs even more impactful.

Simply scan the QR code and answer a few questions about what you think of MWR. Your input impacts all we do.

Survey Opens June 2, 2025







AMALFI COAST BY FERRY

SKIP THE DRIVE: DRIVE: CONTACT TICKETS & TRAVEL TODAY TO BOOK YOUR ADVENTURE!

Call: Capodichino Tickets & Travel, 081-568-4330 | DSN 626-4330 Support Site Tickets & Travel, 081-811-7909 | DSN 629-7909 Online: https://myffr.navyaims.com | navymwrnaples.com Office: Monday-Friday, 9 a.m.-5 p.m.



★ Party Packages ★

CELEBRATE AT STRIKERS BIRTHDAY • GRADUATION • PROMOTION

PIZZA PACKAGE

- Receive a bowling pin for your guests to sign!
- Two 14-inch cheese pizzas
- Two pitchers of soda with one refill each
- 1.5 hours of bowling on two lanes
- Shoes for up to 12 people
- Table for cake and gifts



CHICKEN FINGERS PACKAGE

- Receive a bowling pin for your guests to sign!
- 24 chicken fingers with fries
- Two pitchers of soda with one refill each
- 1.5 hours of bowling on two lanes
- Shoes for up to 12 people
- Table for cake and gifts





TEEN ORIENTATION

Are you new to Naples and in grades 7-12?

Join us for Ceramics Painting



Tray with six cups

New and current youth welcome!

Wednesday, Aug. 6

10 a.m.-2:30 p.m.

Teen Center, Support Site

\$15

Youth in grades 7-12 who are registered with NSA Naples CYP are welcome to attend. Lunch provided.

What guarantees your spot?

- Completed CYP registration form
- Field trip permission form signed by your parent/guardian
- Field trip payment (pay with credit/debit card)
- Ceramic item selection (tray with six cups, small chicken jug, fruit plate or small flower pot)

Register at the School Age Care front desk, Bldg. 2072. Scan here for CYP Teen Center registration packet.





For more information, email the School Liaison at NaplesSLP@us.navy.mil.

Small chicken jug

Fruit plate



Register by July 28



NSA NAPLES CHAPEL Worship Schedule

Catholic

Weekend Mass

Saturday

1600 Confession/Adoration 1700 @ Support Site

Sunday 1045-1115 Confessions 1130 @ Support Site

Weekday Mass

(Except for Federal Holidays falling on M-F)

Tuesday + Thursday

1200 @ Capo

Wednesday 1200 @ Support Site

Friday 0800 @ Support Site T-F confessions 30 mins prior to Mass.

Protestant Sunday Services

@ Support Site

0930 Protestant Service

Points of contact for local Jewish and Latter Day Saints are available. Please contact the Chaplain's Office for more information.

Contact Numbers

Chaplain's Office @ Support Site DSN: 629-4608 / Com: (+39) 081-811-4608

Chaplain's Office @ Capodichino DSN: 626-3539 / Com: (+39) 081-568-3539

Duty Chaplain: (+39) 366-680-5972







NAPLES WELLNESS COLLECTIVE

CLUBS • SPORTS • SUPPORT GROUPS • SKILL-BUILDING • HOBBIES

Living well starts with taking care of your whole self: your mind, body, spirit and social life.



For more information, call 081-811-6372 | DSN 629-6372.





PRÉPart PLÁTE



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Social

ЛĨŇ

Living well starts with taking care of your whole self: your mind, body, spirit and social life.

Taking care of your body starts with eating healthy.

Look for healthy, easy meal ideas on recipes posted throughout the Commissary. The recipes have been approved by the Naval Hospital dietitian. Ingredients are located near the recipe, so you can grab and go!





Scan here for all healthy recipes.





Interested in joining us?

Call us at 081-568-4788 or send us an email at naples@redcross.org for questions. We are looking forward to hear from you!





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€ 081-568-4788Maples@redcross.org

Upcoming classes and registration



moving again... i EMERGENCY CRISIS ls Life Youth Feeling Heavy? Uuugh! overwhelmed! જ Teens SCHOOL ADJUSTMENT Self-Esteem It doesn't have to. SOCIAL MEDIA Dealing with Body Image

Fleet and Family Support Center

Services are available to U.S. military, civilian and contractor family members. Counseling for individuals (children and adolescents) and their families.

- Office: 081-811-6372 / DSN 314-629-6372
- After hours: 331-691-8268
- Virtual Clinical Counseling (via TEAMS) +1 855-205-6749

Military OneSource

Counseling services are available to U.S. military family members 13 years and older.

- Worldwide toll-free: 00-800-342-9647
- Worldwide collect: 001-703-253-7599
- Telecom Italia: 800-172-405
- https://livechat.militaryonesourceconnect.org/chat

Military Family Life Counselors

Military Family Life Counselors provide confidential non-medical counseling, consultation and outreach services to eligible children, youth, parents, faculty and staff both on and off military installations.

Scan for phone numbers



Employee Assistance Program

Links employees' family members to gualified local services and provides licensed confidential support to help with difficult issues.

- DONCEAP: 001-888-320-2917 or 001-888-262-7878
- NAF EAP: 001-800-932-0034
- https://magellanhealth.com/global

STRESS RELATIONSHIPS

DSN: 911

COMMERCIAL:

081-568-4911

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Bullying

HOW TO DEAL WITH

MY EMOTIONS

Offers 100 percent confidential counseling with no reporting requirements for a wide variety of religious and non-religious issues. Chaplain services are available to military, civilian and contractor family members.

Capodichino 081-568-3535 / DSN 314-626-3539 Support Site 081-811-4600 / DSN 314-629-4600 After hours: 366-680-5972

U.S. Naval Hospital

Chaplain

Pediatrics and Family Medicine To schedule an appointment with your primary care provider, call 081-811-6000 / DSN 314-629-6000 or visit www.TRICAREonline.com.

Local Resources

Reach Aut: Provides clinical individual and family support to any age group from childhood through adulthood. 342-800-6115 or www.carelikehome.org.



Scan for Mental Health Resources.



FLEET AND FAMILY READINESS OFFICE

Bldg. 450 Located on the second floor (Italian first floor) above Navy Marine Corps Relief Society and American Red Cross; Hours may vary.

NEW SPACE NOW OFFERING:

SAPR Services | Intercultural Relations | VA Benefits Advisor Services (Thurs. & Fri.)





We've heard your concerns regarding the challenges of owning fully electric vehicles under the current housing policy. We appreciate your feedback and are excited to announce that we are updating this policy to better address your needs.

For those that have previously submitted an exception to policy request related to charging vehicles on base, the Housing team will be in touch soon to discuss the option of relocating to economy housing. We are dedicated to supporting our residents throughout this transition and encourage you to reach out to us directly at naples_housing@us.navy.mil with any questions.

Required Documents to submit Exception to Policy:

- 1. Proof of PCS with vehicle from VPC
- 2. Proof of vehicle specifications, including full EV, partial electric vehicles do not fit this criteria.
- 3. Proof of registration with MVRO or a Signed memo stating intentions to register and maintain ownership of the vehicle throughout the duration of the tour.

